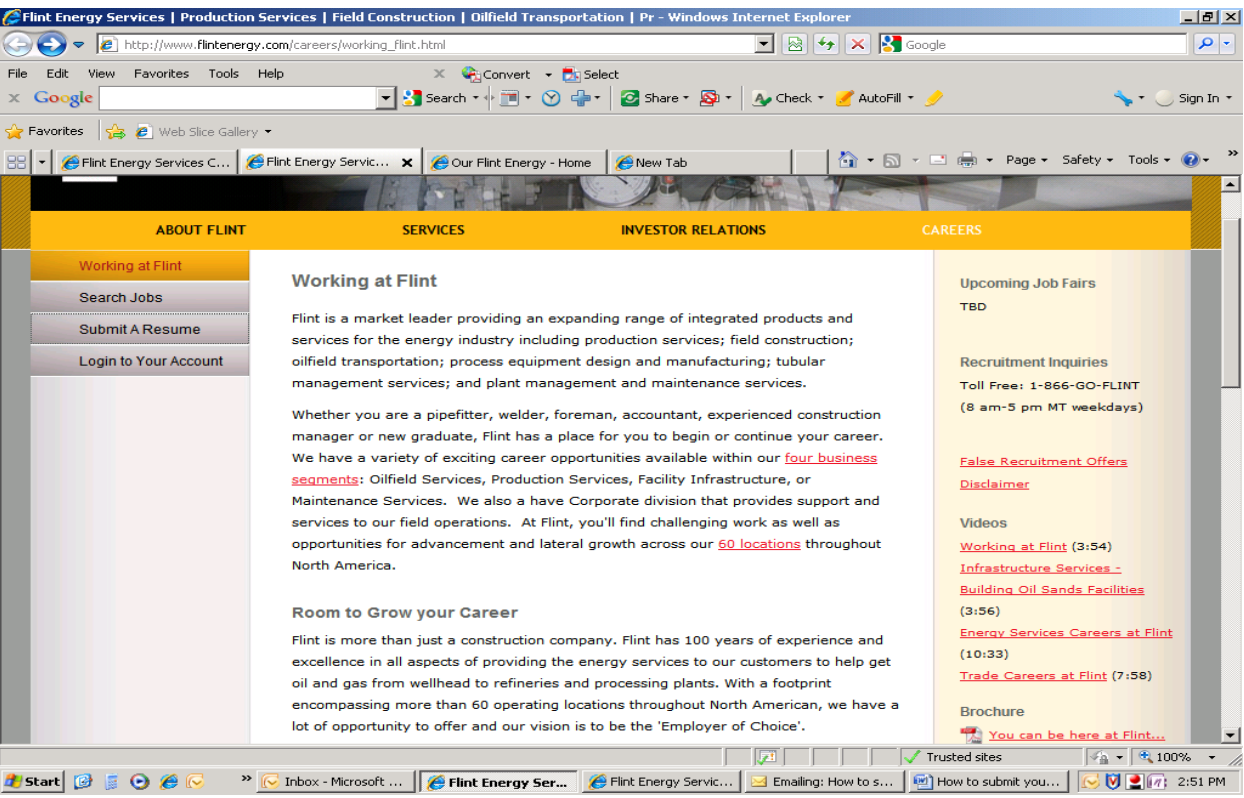




HOW TO SUBMIT YOUR RESUME ON www.flintenergy.jobs

How to submit a resume by creating a NEW PROFILE

Applying online is the quickest and most direct way to apply for a job opportunity at Flint. Please visit the Flint Energy Careers page by going to www.flintenergy.jobs. Once on the Flint Energy Careers page, you have the option to search and apply directly to a position, or submit a general resume for current / future consideration(s). By applying online, your resume becomes instantly available to recruiters across all Flint locations.

	DESCRIPTION
Step 1	<p>Please go to our career website : www.flintenergy.jobs</p>  <p>The screenshot shows the Flint Energy Careers website in Internet Explorer. The browser address bar shows http://www.flintenergy.com/careers/working_flint.html. The website has a yellow header with navigation links: ABOUT FLINT, SERVICES, INVESTOR RELATIONS, and CAREERS. The main content area is titled 'Working at Flint' and contains the following text:</p> <p>Working at Flint</p> <p>Flint is a market leader providing an expanding range of integrated products and services for the energy industry including production services; field construction; oilfield transportation; process equipment design and manufacturing; tubular management services; and plant management and maintenance services.</p> <p>Whether you are a pipefitter, welder, foreman, accountant, experienced construction manager or new graduate, Flint has a place for you to begin or continue your career. We have a variety of exciting career opportunities available within our four business segments: Oilfield Services, Production Services, Facility Infrastructure, or Maintenance Services. We also have a Corporate division that provides support and services to our field operations. At Flint, you'll find challenging work as well as opportunities for advancement and lateral growth across our 60 locations throughout North America.</p> <p>Room to Grow your Career</p> <p>Flint is more than just a construction company. Flint has 100 years of experience and excellence in all aspects of providing the energy services to our customers to help get oil and gas from wellhead to refineries and processing plants. With a footprint encompassing more than 60 operating locations throughout North America, we have a lot of opportunity to offer and our vision is to be the 'Employer of Choice'.</p> <p>The right sidebar contains the following sections:</p> <ul style="list-style-type: none">Upcoming Job Fairs: TBDRecruitment Inquiries: Toll Free: 1-866-GO-FLINT (8 am-5 pm MT weekdays)False Recruitment Offers DisclaimerVideos:<ul style="list-style-type: none">Working at Flint (3:54)Infrastructure Services - Building Oil Sands Facilities (3:56)Energy Services Careers at Flint (10:33)Trade Careers at Flint (7:58)Brochure: You can be here at Flint...

Please note: Flint Energy Services Ltd. adds new jobs to our job board on a daily basis. Please continue to check www.flintenergy.jobs to review all new job postings in your area. For further information on the exciting career opportunities at FLINT, please call our recruitment hot-line at 1-866-GO-FLINT (1-866-463-5468).



HOW TO SUBMIT YOUR RESUME ON www.flintenergy.jobs

Step
2

Click on "SUBMIT A RESUME" if you do not have an account with Flint.

The screenshot shows a Windows Internet Explorer browser window displaying the Flint Energy Services website. The address bar shows the URL http://www.flintenergy.com/careers/working_flint.html. The website has a yellow navigation bar with links for ABOUT FLINT, SERVICES, INVESTOR RELATIONS, and CAREERS. On the left side, there is a vertical menu with the following options: Working at Flint, Search Jobs, Submit A Resume, and Login to Your Account. A large green arrow points to the 'Submit A Resume' button, with the word 'CLICK' written in white inside the arrow. The main content area is titled 'Working at Flint' and contains text describing the company's services and career opportunities. On the right side, there is a sidebar with sections for 'Upcoming Job Fairs', 'Recruitment Inquiries', 'Videos', and 'Brochure'. The Windows taskbar at the bottom shows several open applications, including Microsoft Outlook, Flint Energy Services, and a web browser.

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Step 3

Fill in all of the appropriate boxes and click on "SUBMIT".

- *TIP: your password must be 8 characters long and contain at least one of the following characters: a numerical [0-9], an alphabetical [a-z], and capital [A-Z]*

The screenshot shows a web browser window displaying the 'Create an Account' page on the Flint Energy Services Careers website. The page has a yellow header with navigation links: ABOUT FLINT, SERVICES, INVESTOR RELATIONS, and CAREERS. Below the header is a navigation menu with links: Working at Flint, Search Jobs, Submit A Resume (highlighted), and Login to Your Account. The main content area is titled 'Create an Account' and contains a form with the following fields: Email (jane.doe@gmail.com), Password (masked with dots), Retype Password (masked with dots), Referral Source (Flint Website), Other (empty), First Name (Jane), Middle Initial (empty), Last Name (Doe), Address (123 Flint Avenue SW), City (Calgary), Province (Alberta), Postal Code (T1B 2D3), and Country (Canada). A red 'Submit' button is located at the bottom of the form. A green arrow with the word 'CLICK' points to the 'Submit' button. The footer of the page includes links for Home, Employee Portal, Terms of Web Site Use, Privacy, Contact Us, and Site Map, along with a copyright notice: ©2010 Flint Energy Services Ltd. Information on this web site is accurate as of the time of posting. Updated: May 28, 2010.

Please note: Flint Energy Services Ltd. adds new jobs to our job board on a daily basis. Please continue to check www.flintenergy.jobs to review all new job postings in your area. For further information on the exciting career opportunities at FLINT, please call our recruitment hot-line at 1-866-GO-FLINT (1-866-463-5468).

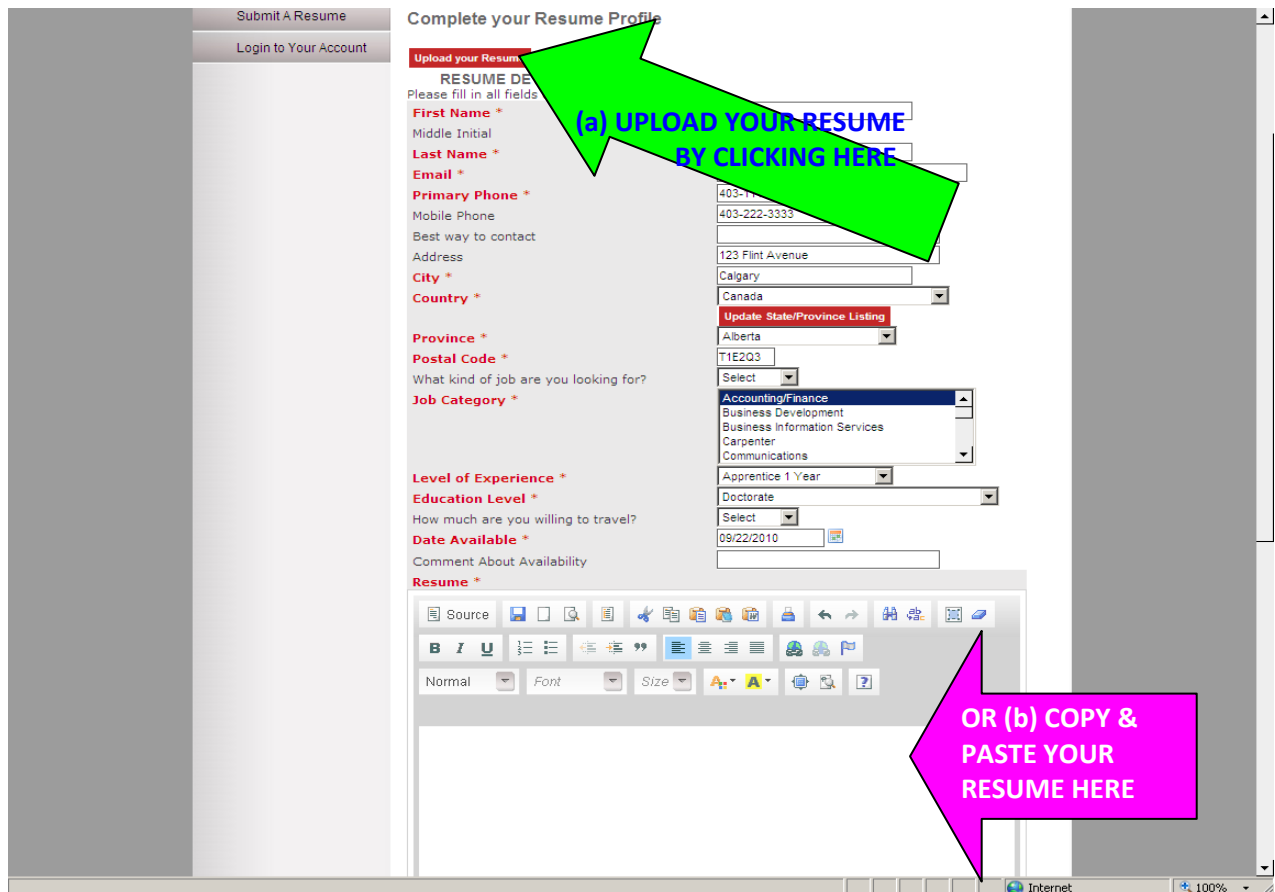
HOW TO SUBMIT YOUR RESUME ON www.flintenergy.jobs

Step 4

Once your profile is created, you may either (a) upload your resume **OR** (b) copy and paste your resume into the database.

- *TIP : Make sure all the red fields and appropriate boxes are filled in order to submit your resume correctly*
- *TIP : It is easier to submit your resume in Microsoft WORD document (.doc) format*

Click "SUBMIT"



Submit A Resume
Login to Your Account

Complete your Resume Profile

Upload your Resume

RESUME DE
Please fill in all fields

First Name *
Middle Initial
Last Name *
Email *
Primary Phone * 403-1
Mobile Phone 403-222-3333
Best way to contact
Address 123 Flint Avenue
City * Calgary
Country * Canada
Province * Alberta
Postal Code * T1E2Q3
What kind of job are you looking for?
Job Category * Accounting/Finance
Business Development
Business Information Services
Carpenter
Communications
Apprentice 1 Year
Level of Experience * Doctorate
Education Level * Select
How much are you willing to travel?
Date Available * 09/22/2010
Comment About Availability
Resume *

Source

Normal Font Size

Internet 100%

(a) UPLOAD YOUR RESUME BY CLICKING HERE

OR (b) COPY & PASTE YOUR RESUME HERE

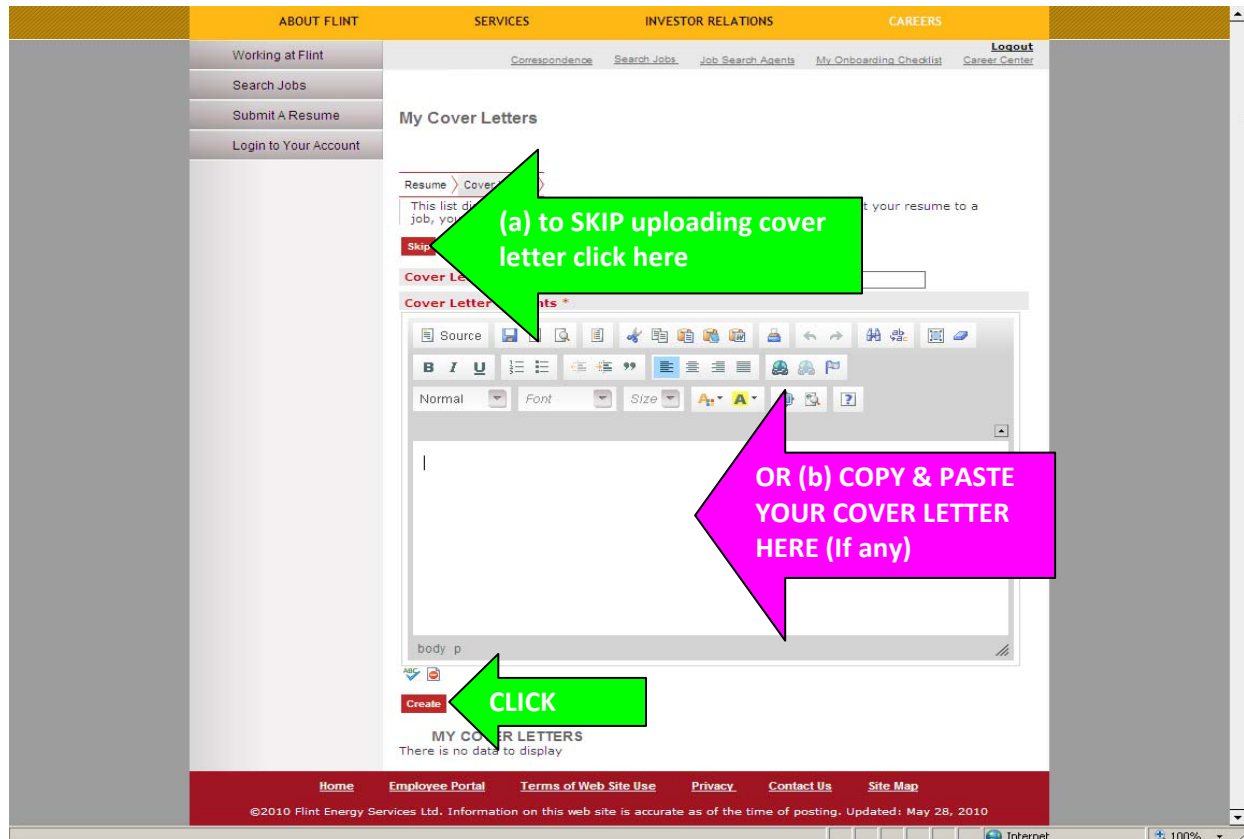
HOW TO SUBMIT YOUR RESUME ON www.flintenergy.jobs

Step 5

Once your resume is uploaded, you may either choose to (a) skip uploading cover letter by clicking “SKIP” button **OR** (b) copy and paste in the appropriate box below

- *TIP : It is easier to submit (copy and paste) your cover letter in Microsoft WORD document (.doc) format*

Click “CREATE”



ABOUT FLINT SERVICES INVESTOR RELATIONS CAREERS

Working at Flint Search Jobs Submit A Resume Login to Your Account

Logout
Correspondence Search Jobs Job Search Agents My Onboarding Checklist Career Center

My Cover Letters

Resume > Cover Letters

This list displays the cover letters you have submitted for your resume to a job, you can click on the job title to view the details.

Skip

Cover Letters

Cover Letters

body p

CLICK

MY COVER LETTERS
There is no data to display

Home Employee Portal Terms of Web Site Use Privacy Contact Us Site Map

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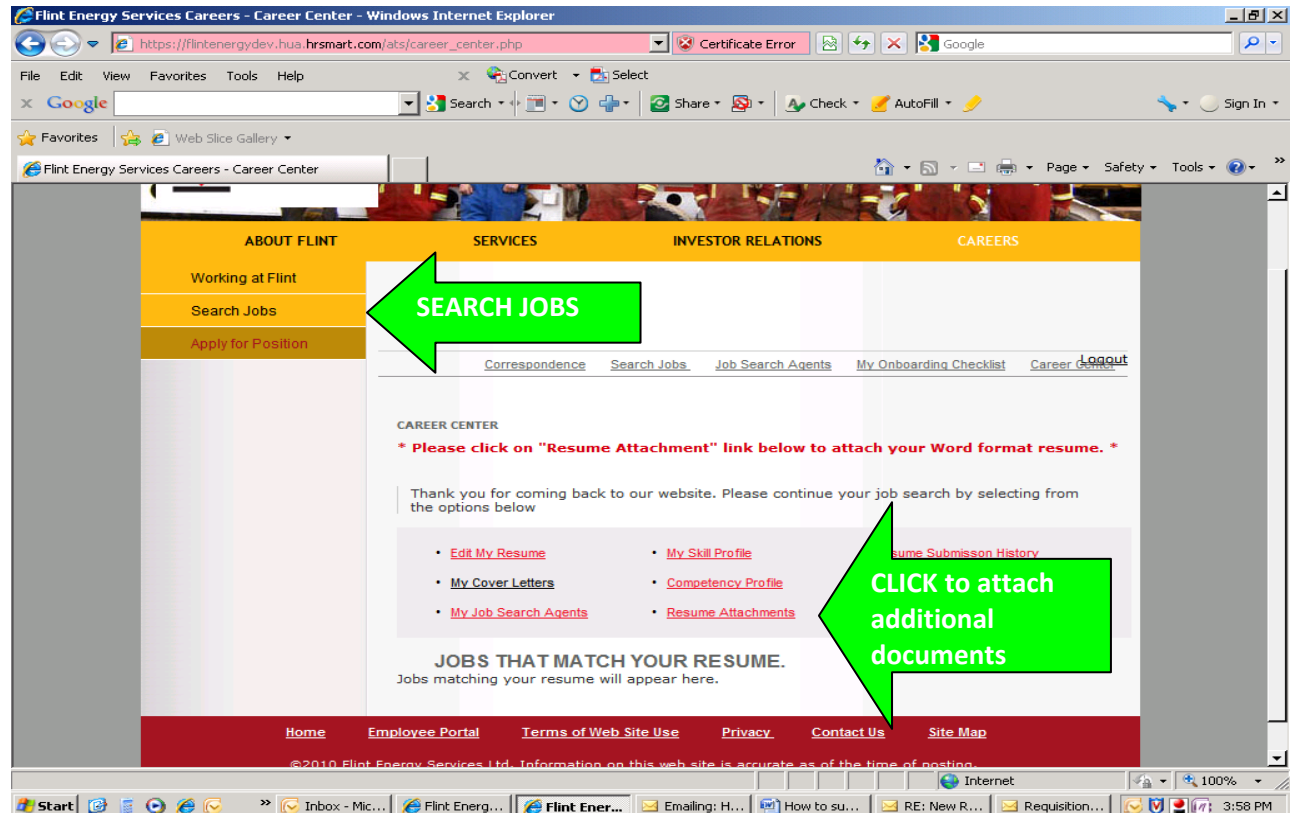
Step

6

CONGRATULATIONS!!

You have now finished creating a profile on our database. You may search for the position of your interest by clicking “SEARCH JOBS” and submit your profile so our recruiters can screen your profile.

You can attach additional documents (e.g. certificates, tickets and etc.) by clicking “RESUME ATTACHMENTS” and upload your files.



By applying online, applicants’ resumes become instantly available to recruiters across all Flint locations. If your qualifications and work experience is compatible with the requirement of this position, a recruiter will contact you directly.

We sincerely wish you the best of luck in your job search and appreciate your interest in FLINT as a potential employer.

Thank you,

FLINT RECRUITMENT TEAM